

Integrative Medicine References

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Books

General CAM

- ⌘ Rakel, D. Integrative Medicine. Saunders, 2002.
- ⌘ Harring, M and Roberts, M. Blackwell Complementary and Alternative Medicine: Fast Facts for Medical Practice. Blackwell Science Inc, 2002.
- ⌘ Dillard J, Ziporyn T. Alternative Medicine for Dummies. IDG Books Worldwide, 1998.
- ⌘ Dossey B, Keegan L, Guzzetta. Holistic Nursing: Handbook for Practice (3rd edition). Jones & Bartlett, Baltimore, MD, 2003.
- ⌘ Jonas WB, Levin JS. Essentials of CAM. Lippincott, Williams, and Williams 1999.

Acupuncture

- ⌘ Kaptchuk T. The Web that has No Weaver. Understanding Chinese Medicine. Contemporary Publishing Group, Chicago, 2000.
- ⌘ Stux G, Hammerschlag R. Clinical Acupuncture. Scientific Basis. Springer, Berlin, 2001.
- ⌘ Ernst E, White A. Acupuncture. A Scientific Appraisal. Butterworth-Heinemann, Oxford, 1999.

Herbs / Supplements

- ⌘ Bratman S, Kroll D. The Natural Health Bible. Prima Publishing, 1999.

Internet resources

- ⌘ Evaluating medical information on the internet i.e. "Is this site reliable?":
<http://mel.lib.mi.us/health/health-evaluating.html>
- ⌘ How to make sense of journal articles: <http://www.health-insight.com/ie/index.html>
- ⌘ How to find journal articles: <http://www.nlm.nih.gov/hinfo.html>

General CAM resources:

- ⌘ National Center for Complementary / Alternative Medicine: <http://nccam.nih.gov/>
- ⌘ Healthfinder – general lay-oriented health information, including CAM: <http://healthfinder.gov/>
- ⌘ Ask Dr. Weil: www.drweil.com
- ⌘ Denison library's Strauss Complementary and Indigenous Medicine Collection – the website has links to other resources and journals and books held in the collection:
<http://denison.uchsc.edu/education/strauss.htm>

Herbal / Supplement resources:

- ⌘ NIH information on supplements: <http://dietary-supplements.info.nih.gov/>
- ⌘ Natural Medicines Comprehensive Database <http://www.naturaldatabase.com/>
This site is an excellent resource but does charge a fee.
- ⌘ Herb Research Foundation: www.herbs.org

Acupuncture

- ⌘ National Certification Commission for Acupuncture and Oriental Medicine: <http://www.nccaom.org>
- ⌘ American Academy of Medical Acupuncture: <http://www.medicalacupuncture.org/>
- ⌘ Medical Acupuncture Research Foundation research database: <http://www.acubriefs.com/>

Massage

- ⌘ American Massage Therapy Association: <http://www.amtamassage.org/>
- ⌘ Massage research database: <http://gehon.ir.miami.edu/touch-research/massref.html>

Chiropractic

⌘ American Chiropractic Association: <http://www.amerchiro.org/>

Naturopathy

⌘ American Association of Naturopathic Physicians: <http://www.naturopathic.org/>
⌘ National College of Naturopathic Medicine: www.ncnm.edu

Homeopathy

⌘ Council for Homeopathic Certification: <http://www.homeopathicdirectory.com>
⌘ The American Institute of Homeopathy is an organization for physician homeopaths and provides certification: <http://www.homeopathyusa.org/home/>
⌘ National Center for Homeopathy: www.homeopathic.org

Miscellaneous

⌘ American Holistic Nurses Association: www.ahna.org
⌘ Academy for Guided Imagery: www.healthy.net/agi
⌘ Healing Touch International: www.healingtouch.net

Journals

⌘ Alternative Therapies in Health and Medicine. Larry Dossey, ed. Innovision Communications, Encinitas, CA
⌘ Alternative Medicine Alert. Russell Greenfield, Ed. American Health Consultants, Atlanta, GA.

Journal articles

General CAM

⌘ Eisenberg DM. Advising patients who seek alternative medical therapies. *Ann Int Med* 1997;127(1):61-9.
⌘ Eisenberg DM, Davis RB, Ettner SL, et al. Trends in alternative medicine use in the United States, 1990-1997: results of a follow-up national survey. *JAMA* 1998;280(18):1569-75.
⌘ Sugarman J, Burk L. Physicians' ethical obligations regarding alternative medicine. *JAMA* 1998;280(18):1623-1625.
⌘ Eisenberg DM, Cohen MH, Hrbek A et al. Credentialing complementary and alternative medical providers. *Ann Int Med* 2002;137:965-973.

Acupuncture

⌘ Acupuncture -- NIH consensus conference. *JAMA* 1998;280(17):1518-1524.
⌘ Ernst E, White A. Prospective Studies of the Safety of Acupuncture: A Systematic Review. *Am J Med* 2000;110(6):481-485.

Chiropractic

⌘ Meeker WC, Haldeman S. Chiropractic: A profession at the crossroads of mainstream and alternative medicine. *Ann Int Med* 2002;136:216-227.

Herbal therapies

⌘ Glazier G, Bowman M. A review of the evidence for the use of phytoestrogens as a replacement for traditional estrogen replacement therapy. *Arch Int Med* 2001;161:1161-1172.

Homeopathy

⌘ Vickers A, Zollman C. ABC of complementary medicine: Homeopathy. *BMJ* 1999;319(7217):1115-1118.

Massage Therapy

⌘ Vickers A, Zollman C. ABC of complementary medicine. Massage therapies. *BMJ* 1999;319(7219):1254-7.

Relaxation

⌘ Vickers A, Zollman C. ABC of complementary medicine: Hypnosis and relaxation therapies. *BMJ* 1999;319(7221):1346-1349.

Miscellaneous resource:

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